

Excellent Chocolate Products for Diabetics

- **CHOCO**perfection chocolate bars

- Assortment of delicious chocolate bars, sweetened with chicory (prebiotic fiber) and stevia
- 2 net carbs per bar
- <https://amzn.to/2WUkLR6>



- **GO RAW Organic coconut crisps, choco chunk**

- Crunchy Snack; minimally processed; dairy, soy and nut free
- 10 net carbs/1/3 cup serving
- <https://amzn.to/2WSngDw>



- **NIBBLE: Organic dark chocolate bars**

- Soy & gluten free
- 3 net carbs each nibble
- <https://amzn.to/3dEapeX>



- **NAVITAS ORGANIC CACAO NIBS: dark chocolate chips**

- Non-GMO, gluten free
- 1 net carb/teaspoon
- <https://amzn.to/2Wqk7f3>



- **SUNWARRIOR Plant-Based Chocolate Protein Drink**
 - Made with organic pea protein hemp and goji berries
 - 1 net carb per drink
 - <https://bit.ly/2T7aJem>



- **LAKANTO DRINKING CHOCOLATE**
 - Dairy and gluten free, sweetened with Monkfruit
 - 6 net carbs per drink
 - <https://amzn.to/2Ws6Um6>



- **ALMOND NUGGETS IN DARK CHOCOLATE by Inno Foods**
 - Non-GMO and gluten free, organic
 - 8 net carbs for 1 ounce
 - <https://amzn.to/2T0fHti>
 - Sometimes available at Costco



- **DARK CHOCOLATE NUGGETS: Coconut and super seeds Inno Foods**
 - Non-GMO, organic,
 - 9 net carbs for 1 ounce
 - <https://amzn.to/2Wrq8Z6>
 - Sometimes available at Costco



- **EMMY'S ORGANICS Coconut Cookies**

- Organic, gluten and grain free
- 6 net carbs per cookie
- <https://amzn.to/2xVEUOH>



- **ALTER ECO Organic Chocolate Bars**

- Organic, Vegan, gluten free
- 6 net carbs per serving
- <https://amzn.to/2T0hwXc>
- Also available to health food store



- **KETO PINT ICE CREAM BARS, Sea Salt Caramel**
 - Soy & gluten free, sweetened with erythritol & monkfruit
 - 2 net carbs per bar
 - Buy in frozen section at Costco



- **GUITTARD UNSWEETENED CHOCOLATE: Gourmet Baking Bars**
 - 100% cacao
 - 2 net carbs per serving
 - <https://amzn.to/2Wqlsm5>
 - Also available at health food stores

